



5732 VICTORIA DRIVE  
(BETWEEN 41<sup>ST</sup> & 42<sup>ND</sup> AVENUE)  
FREE PARKING AT REAR  
TELEPHONE: 604 321-6774  
FAX: 604 321-6626  
[www.medrayimaging.com](http://www.medrayimaging.com)

## HyCoSy Ultrasound Requisition (Hysterosalpingo Contrast Sonography)

PATIENT'S NAME: \_\_\_\_\_

MSP NUMBER: \_\_\_\_\_ DOB: \_\_\_\_\_

TELEPHONE NUMBER: \_\_\_\_\_

### REGION TO BE EXAMINED:

☒ **HyCoSy Ultrasound (Hystero-Contrast-Salpingography)**

### HISTORY: Fertility Assessment

Hysterosalpingo Contrast Sonography (HyCoSy) is a transvaginal ultrasound procedure used to evaluate the uterine cavity and the openness of the fallopian tubes. It involves injecting a small amount of sterile saline then air into the uterus through a thin catheter and observing with ultrasound. This test is commonly performed as part of a fertility assessment.

### HOW TO BOOK AN APPOINTMENT:

**On Day 1 of your period** (first day of full flow), call our clinic at: **(604) 321-6774** between the hours of 7:30am and 5pm, Mon – Fri. If your period starts at the weekend, please call back the next working day. Alternatively, you may email your requisition to: **hycosy@medrayimaging.com**. Your HyCoSy will be scheduled between Day 6 and Day 13 of your cycle. It is essential that you are not pregnant during a HyCoSy. You **must abstain from intercourse** from the first day of your period until after your HyCoSy.

**HyCoSy Fee: \$500.00** (Payable on the day of your appointment).

**Missed Appointment Fee: \$85.00**

Applies to missed appointments or failure to abstain from intercourse prior to the exam.

**REFERRING DR:**

**Phone:**

**CC:**

**MSP NUMBER:**

**Fax:**



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## What to Expect

### Before the- Procedure:

- **Do not have intercourse** from Day 1 of your period until after the procedure.
- **Guests/partners are not permitted** in the procedure room due to sterile conditions.
- **Pain Management:** Take **1 Aleve** and **2 Tylenol (500mg each)** **2 hours before** your appointment.

### How is the procedure performed?

- A pregnancy test is completed prior to the procedure.
- When lying on the bed, you will be covered with a sheet, and your legs placed in stirrups.
- A detailed pre-HyCoSy transvaginal pelvic ultrasound is performed.
- A speculum will be inserted into the vagina.
- A thin plastic catheter is passed into the cervix.
- The speculum is then removed, and a second transvaginal ultrasound is performed.
- Saline is then passed into the uterus and the fallopian tubes.

### Is it painful?

There may be discomfort associated with the procedure. The intensity of the discomfort varies between women. It is recommended to take 1 Aleve and 2 Tylenol tablets (500mg each) 2 hours BEFORE your appointment.

### Are there any risks?

Having a HyCoSy is safe but may cause mild cramping, bleeding, or infection. The risk of infection is less than 1%. If a blockage is identified during the procedure a prescription for antibiotics is given on site. If you experience sharp abdominal pain, an increase in vaginal bleeding or a foul-smelling discharge after the HyCoSy, please contact your referring physician. Sometimes this test can fail to clearly demonstrate whether the Fallopian tubes are open, often due to tubal spasm (a muscle spasm), that closes the tube down to further evaluation. If this occurs, another evaluation of the tubes or uterus may be required.

### What can I Expect after a HyCoSy?

After the procedure you may experience cramping or pelvic discomfort. This should resolve within the first day or two. You may have watery discharge and a small amount of bleeding. You should use a sanitary pad as needed, but not a tampon for the rest of the day. You can resume regular activities immediately except for intercourse which you should abstain from for 24hrs.